

18th July 2025

Dear Student

Re: Non-Accredited Introduction to Counselling Skills & Theory (Equivalent to Level 2)

Thank you for your enquiry regarding our forthcoming *Introduction to Counselling Skills & Theory* course. This non-accredited, four-week programme will begin on **Monday 1st September 2025**, running weekly from **6:00 pm to 10:00 pm**. Upon successful completion, participants will receive a **Certificate of Attendance**.

This course offers an accessible introduction to the world of counselling skills and theory. It is designed to build self-awareness, enhance communication, and improve confidence—essential qualities for those considering further study or a career in counselling.

The programme is primarily information-based and does not include examinations or written assignments. At JMC Counselling & Training, we believe it is vital for students to understand what is involved in formal counselling training before committing to long-term courses, which can be both time-intensive and costly.

Following this introductory course, students have the option to continue their journey by enrolling on the **Skills and Education Group (SEG) Level 3 Certificate in Counselling Skills**, which begins the week after the Introduction concludes. This is a one-year, part-time course and a prerequisite for progressing to the **SEG Level 4 Diploma in Therapeutic Counselling** (two years, part-time). Below is a summary of the training pathway:

Training Pathway Overview (three-year part-time):

1. Non-Accredited Introduction to Counselling Skills & Theory

Equivalent to Level 2

Duration: 4 weeks

Dates: Monday 1st September – Monday 22nd September 2025

Time: 6:00 pm – 10:00 pm



2. SEG Level 3 Certificate in Counselling Skills

Duration: 1 year, part-time

Dates: Monday 29th September 2025 – Monday 30th June 2026

Time: 6:00 pm – 10:00 pm



3. SEG Level 4 Diploma in Therapeutic Counselling

Duration: 2 years, part-time

Dates: Monday 7th September 2026 – Monday 28th June 2028

All JMC courses are delivered by highly trained, accredited practitioners and experienced, standardised Tutors.

Unit 23, 51 Dungannon Road, Coalisland, Co Tyrone BT71 4HP

jmccounselling@btinternet.com

077 343 49260

Course Fees:

We are pleased to offer the Introduction course at a **reduced rate of £95.00** (normally £195.00). As JMC Counselling & Training is an independent training provider, we are unable to offer subsidised places or external funding. All fees must be paid in full before the course commences, and places will be allocated on a first-come, first-served basis.

Please note:

- Once fees have been paid, they are non-refundable regardless if a student has attended classes or not.
- If you are unable to begin the course after paying, a full refund will be issued prior to the course start date.
- Fees cannot be transferred to another student under any circumstances.

If you would like to register for the Introduction course, or if you are considering continuing your studies beyond that, we would be delighted to hear from you.

Should you require any further information or clarification, please do not hesitate to contact us at the office.

With very best wishes,

Joseph Coney FNCPS, MSSc, GPsyC, MBACP (Senior Accredited), Dip Couns, Dip Sup

Senior Accredited Supervisor (Individuals)

Registered on the BACP & the NCPS PSA Registers